

AUGUST 2017

# Cloverleaf Connection

Cloverleaf Healthcare 9325 N Crawford Street. PO BOX 170 812-446-2309



## Celebrating August

### August 3<sup>rd</sup> National Watermelon Day

Residents will enjoy watermelon for dessert

### August 10<sup>th</sup> National Steak Day

Janet and Jesse will be grilling up some kabobs for lunch

### August 11<sup>th</sup> National Golf Month

Residents will be going to Bogey's in Terre Haute to play mini golf at 3pm.

### August 15<sup>th</sup> National Park Month

Residents will be having a picnic at Harmony Park on this day and family is invited. RSVP to Stephanie or Phyllis.

### August 15<sup>th</sup> National Lemon Meringue Pie Day

Cloverleaf will be taking Lemon Meringue Pies to local doctor offices in appreciation for all that they do for Clay County residents.

### August 18<sup>th</sup> Texas Road House

Residents will be enjoying a nice dinner of their likings at 4pm in Terre Haute.

### August 11<sup>th</sup> – 19<sup>th</sup> National Elvis Week

Elvis AKA our infamous CLD will be on tour August 17<sup>th</sup> at 2PM

### August 25<sup>th</sup> Residents Going Swimming

With Activity Director Stephanie Hayes at 1 pm.

## CUSTOMER SERVICE SUPER STAR

Rhonda Rigney won our Customer Service Super Star Award for the month of August. Rhonda enjoys building relationships with the residents who are challenged by memory issues. She really enjoys getting to know them as individuals who have lived full lives before they needed long term care. When asking Rhonda what specifically she enjoys about her residents as they build new relationships together, she had this to say, "I have some residents who have a great sense of humor and enjoy talking to them while also caring for them. When talking to Rhonda's co-workers they had this to say, "She has a gentle, soft-spoken demeanor, and goes above and beyond even when she thinks no one is watching." "She is the kind of nurse that I would want caring for me and my family should I ever need long term care." Another one of Rhonda's co-workers had this to say, "We are fortunate and grateful to have her on our team. There would be no replacing her and she deserves this award.



A relationship built on trust.

Can anyone guess what is often one of the most overlooked relationships and also one of the most rewarding relationship? Well, that is the relationship between an Occupational Therapist, Physical Therapist and a Rehab Facility. Well, here at Cloverleaf we just so happen to have that kind of a relationship. The three people I'm talking about is our resident Fred West his Therapists' Ashley and Brooke. Fred tells us they are his favorite because they get him out of his room and on his feet again. Fred tells us, "he'd buy them pizza for all they do because he knows they love pizza!



## RECIPE FOR AUGUST

Cinnamon Honey Butter: Texas Road House

### INGREDIENTS

- \*\*1 stick of butter, room temperature
- \*\*1/4 cup of powdered sugar, sifted
- \*\*1 1/4 tablespoons honey, or to taste
- \*\*1 1/4 teaspoons cinnamon, or taste

### PREPARATION

- \*\*in a small bowl, whisk together honey and cinnamon until combined
- \*\*place softened butter in a large bowl or mixer and gradually add in powdered sugar
- \*\*taste and add more honey or cinnamon, if needed
- \*\*serve immediately or refrigerate in an air tight container and serve room temperature

## August Birthdays

|                  |                         |
|------------------|-------------------------|
| Kenneth Nucklols | August 2nd              |
| Sue Smith        | August 5th              |
| Brady Aker       | August 9 <sup>th</sup>  |
| Corey Metz       | August 12 <sup>th</sup> |
| Bobbi Harden     | August 14 <sup>th</sup> |
| Corey Burris     | August 14 <sup>th</sup> |
| Loretta Frye     | August 16 <sup>th</sup> |
| Pam Nodley       | August 19th             |
| Emily Varvel     | August 20 <sup>th</sup> |
| Nichol Hubbell   | August 27 <sup>th</sup> |
| Candi Cline      | August 28th             |

Cloverleaf would like to show our appreciation for our laundry, maintenance and housekeeping staff that work all year around in the heat, doing things that actually raise the body's temperature. These special groups of employees make it all look easy, but it's not. They work outside in the heat during the summer and outside in the cold during the winter. Most of us take these things for granted but today we would like to say thank you for all of the hard work! Thank you all for everything you do to make the lives of our residents easier and more comfortable.



**Kennetta Nuckols:** Laundry: 2 years.



**Greg Shomper:** Laundry: 2 years



**Corey Mets:** Housekeeping/laundry: 3 months  
**Diane Paver:** Housekeeping: 3 years.



**Brady Aker:** Director of Maintenance: 3 years.

**Lori King:** Housekeeping: 1 year.

**Ladonna McDonald:** Maintenance: 13 years.

**Loretta Frye:** Supervisor: Housekeeping/laundry: 3 years.

**Donna Boone:** Housekeeping: 5 years.



**Misty Frye:** Housekeeping: 2.5 years.  
**Vicky York:** Housekeeping: 5.5 years

## EMPLOYEE OF THE MONTH AUGUST 2017

Kennetta Knuchols. Has worked at Cloverleaf for 2 years on night shift in laundry. Kenetta has been nominated for employee of the month because she is always here at work, always on time, never late and will do anything for you. One of Kenetta's co-workers had this to say, "We love you Kenetta and wish we could work with you but we like our day shift; LOL." Cloverleaf wants Kenetta to know that we appreciate everything you do for our residents! Kenetta's favorite thing to do when she is not at work is: Playing with her grandchildren!



## CLOVERLEAF'S NEWEST FAMILY MEMBER



**Let's welcome Jaxeon Darrow White: He is currently 2 months old. Welcome to the family!**

## TIPS TO HELP PREVENT DEHYDRATION

1. Drink plenty of water before, while and after you are active.
2. Take a container of water or sports drink with you when you exercise or during periods of increased time in the heat, and try to drink something at least every 15 to 20 minutes.
3. Stop working outdoors or exercising if you feel dizzy, light headed or very tired.
4. Avoid drinking alcohol including beer and wine during the extreme heat because they increase dehydration.
5. Wear one layer of lightweight or light colored clothes when working in extreme heat.