

Cloverleaf Healthcare

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Celebrating January

Book Blitz Month

Skating Month

Polka Music Month

Happy New Year Party

January 1

Whipped Cream Day

January 3

Dress your Pet Day

January 14

Crock Pot Cook off

January 16

Martin Luther King Jr. Day

January 20

Compliment Day

January 24

Fun at Work Day

January 28

Book Blitz Month

Book Drive

IMG GIVEBACK CAMPAIGN

January is Book Blitz Month,
Cloverleaf Staff are encouraged
to donate if possible.

Brought to you
by Allie Taylor

*Books can be used or new,
these books will be taken to a
local preschool.

JANUARY 2020 GIVEBACK

Made with PosterMyWall.com

Cloverleaf Healthcare will be Giving back to our community this month by donating Children's Books to one or more of our local preschools. If anyone would like to donate books please get with Allie Taylor (Admissions Director) 812-605-1720. These books need to be in presentable condition, they do NOT have to be new. Thank you for your participation.

Employee of the Month

Ronda Rigney has been nominated as our Employee of the Month. Ronda is one of our nurses here at Cloverleaf. She has been nominated by staff, families and residents for her kindness. Ronda has no problem stepping in where needed. Any floor that needs a nurse she is willing to work and always does her best. Recently there was a walk in tour and Ronda took it upon herself to give them a tour of our facility without hesitation. This family later called and spoke with the Admissions Director and talked so highly of Ronda. Ronda was very caring, and listened to the families concerns. The family said they felt so welcome and at home to have such a caring nurse who was able to educate them on our Facility and the transition process. Thank you Ronda for your caring heart and kind words.



MONITOR YOUR LOVED ONES FROM HOME.

Once invited and registered visit:

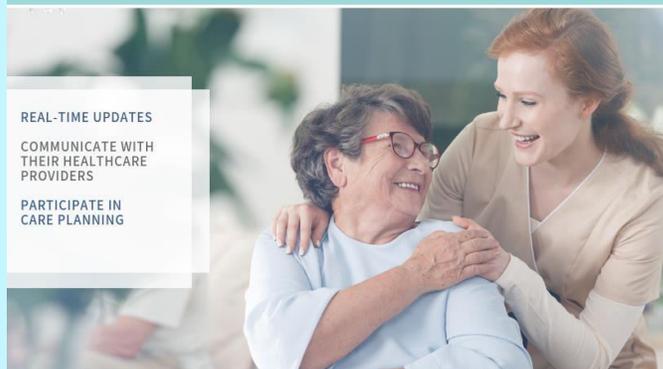
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REAL-TIME UPDATES

COMMUNICATE WITH THEIR HEALTHCARE PROVIDERS

PARTICIPATE IN CARE PLANNING



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The Sound of Silence



The first week of January brings Silent Record Week. Why on earth would someone go through the trouble of putting a silent record on the turntable? In

1952, experimental composer John Cage wrote his piece 4'33", which "consisted" of four minutes and 33 seconds of silence. During the silence, any environmental sounds were supposed to be considered music. In 1959, a jukebox at the University of Detroit won fame for including three silent records. Anyone who wanted a bit of silence could buy it for the price of a song. Rumor has it that the silent records were so popular that they developed noisy scratches and had to be repeatedly replaced. Many would argue that silence is valuable. Cage agreed. It was after his study of Zen Buddhism and the religion's emphasis on silence and stillness of the mind that he composed his silent masterpiece.

Customer Service Superstar

Debbie Betts is our Customer Service Superstar! Our Activities dept. has been so blessed to have her. Debbie is such a loving and caring individual. Our residents thrive with Debbie's one on one visits she has. Whether it be reading or walking about the facility and talking with the low functioning residents, she makes sure that each resident has her full attention at that time. When families are around the facility with their love ones she always makes it a point to say hello and smile and ask if there's anything she can help with. Debbie thank you for always going above and beyond for our residents and families.



Pedestrian Crossing

During the late 19th century, pedestrianism, or competitive walking, was all the rage. The frenzy for pedestrianism reached a fever pitch on January 13, 1879, when champion British pedestrian Ada Anderson showcased her talents in America for the first time. Anderson had already become England's preeminent pedestrian, thanks to her training by another champion racewalker, William Gale. Anderson was at her physical peak and adept at sleep deprivation by the time she arrived in America. Her manager wanted to showcase his star at Gilmore's Garden (now Madison Square Garden) in New York City but was rebuffed by the venue's owner, who believed Anderson would never be able to complete the feat of walking 2,700 quarter-miles in 2,700 quarter-hours. The event moved to Brooklyn's Mozart Garden. Anderson began her trek on December 16, 1878. Thousands watched her walk for 28 straight days, during which she took just nine-minute sleeping breaks until at last, she completed her walk on January 13th. Because of heavy wagers placed on the event, police protected her during her last laps. After crossing the finish line, she was hailed as the world's greatest pedestrian.

Mummers the Word



Each year on New Year's Day, the Mummers Parade makes its way through Philadelphia. The parade is one of the oldest folk festivals in the United States, with roots dating back to the mid-17th century, when Swedish and Finnish immigrants would go door-to-door visiting neighbors on the day after Christmas. The parade is related to the English and Irish traditions of mummers' plays, folk plays performed in streets and pubs by amateur costumed actors. Today, the parade is a New Year's spectacle full of clowns, string bands, elaborate floats, and fancy costumes. At 11 hours long, the parade may also be the longest held in America.

New Year 2020

Psalm 96:1-3 At the dawn of the new year I'm filled with hope for what is to come, and I have thankfulness in my heart for what has already passed. I pray that I will keep my focus where it needs to be this year and that we'll have a year filled with joy, love and happiness.

Traditions:

- Midnight Kiss
- Champagne
- Auld Lang Syne
- Dropping the ball
- Resolutions
- Fireworks
- Hopes of prosperity
- Black-eyed peas
- Pork
- Cabbage
- Greens

Music:

- New Year's Resolution by Otis Redding
- Countdown by Beyoncé
- Auld Lang Syne by Mariah Carey
- New Year's Day by U2
- 1999 by Prince
- Raise your Glass by P!nk
- Fireworks by Katy Perry
- Next Year by Foo Fighters
- I Gotta Feeling by Black Eyed Peas
- Funky New Year by Eagles
- Start me up by Rolling Stones
- Rock and Roll all night by Kiss

January Birthdays

In astrology, those born between January 1–19 are the horned goats of Capricorn. As goats climb to great heights, Capricorns strive to get to the top, using discipline and common sense to find fame, prestige, and wealth. Those born between January 20–31 are the Water Bearers of Aquarius. As the water of life heals the land, so Aquarians are the humanitarians of the zodiac. Free-spirited, nonconformist, compassionate, and visionary, they support giving “power to the people.”



Janet's Cooking Corner

Forgotten Cookies

Ingredients:

4 egg whites

1 tsp vanilla

½ tsp cream of tartar

¾-1 c sugar

¾-1 c mini chocolate chips

not to be made on a rainy or very humid day!

Directions:

1. Preheat oven to 350
2. Add vanilla to egg whites and beat with electric mixer on high until foamy.
3. Add Cream of tartar and beat on high until soft peaks form.
4. Slowly add in sugar while continuing to beat until all sugar is added and tall still peaks have formed. Gently fold in chocolate chips.
5. Portion out onto a baking sheet lined with parchment paper.
6. Place all cookies into oven at once and immediately shut oven off.
7. Wake up to a delicious treat!

store in airtight container at room temp.*