

MAY 2017

Cloverleaf Healthcare

Cloverleaf Healthcare 9325 N Crawford Street Knightsville, IN 47857 812-446-2309



Celebrating May

Cinco de Mayo

May 5th

National Mental Health Day

May 8th

International Nurses Day

May 12th

National Nursing Home Week

May 14th-19th

Mothers Day Luncheon

May 13th

National Ice Cream Day

May 22

Pinning of Veterans-Intrepid

May 25

Memorial Day (U.S.)

May 29

National Senior Health Day

May 31

NATIONAL NURSING HOME WEEK SCHEDULE

SPIRIT OF AMERICA

May 15th Theme: California Beach Day

Food Menu: 11:30 Fish Fry, Cole Slaw, Fries, Brownies

Activities:

- 1) 9:00 Am Beach Treasure Hunt: Residents
- 2) 10:00 Am Water Bucket Relay: Staff
- 3) 2pm Beach Party: For Residents
- 4) 3pm Beach Frisbee Golf: staff

May 16th Theme: Western Day

Food Menu: 11:30 Burgers, Potato Salad, Chips, Watermelon

Activities:

- 1) 9:00 Am Horse Shoe- Residents
- 2) 10:00 Am Pony Express Game: Staff
- 3) 2pm Square Dancers- Residents
- 4) 3pm Country Musical Chairs- Staff

May 17th Theme: Vegas Day

Food Menu: 11:30 Chicken and cooks choice

Activities:

- 1) 9:00 Am Bunko- Residents and staff
- 2) 10:00 Am Elvis Impersonator- Residents
- 3) 2 Pm Rolling Out: Staff
- 4) 3 Pm Black Jack, Plinko, Roulette- Residents

May 18th Theme: All American Day

Food Menu: 11:30 Hot Dogs, Chips, Baked Beans

Activities:

- 1) 9:00 Am Baseball Target Toss: Residents
- 2) 10:00 Am Baseball Target Toss: Staff
- 3) 2pm- Popcorn ball toss-Residents
- 4.) 3 pm Dizzy Baseball Bat Race: Staff
- 4) 5pm Hog Roast: everyone eats

May 19th Back Home Again In Indiana

Food Menu: 11:30 Ham and beans, fried potatoes, cornbread

Activities:

- 1) 9:00 Am Corn Hole Tournament: For Residents
- 2) 10:00 Am Corn Hole Tournament: For Staff
- 3) 2 Pm Green Stamp Game: For Residents
- 4) 2 Pm Corn Eating Contest: For Staff
- 5) 3 Pm Corn Hole: For Staff

Resident Spotlight



Joan Miller, is 75 years old, and is a long term resident here at Cloverleaf Health Care. Joan was reminiscing about how she loves to sing. Joan tell us that she started singing as a little girl because other members in her family would sing, like her mother, both of her uncles, cousins and grandpa too. She sang in the church choir at Rock Run Church from the age of 5 to 18. When asked about the most memorable time she had singing Joan tells me a story about singing live on the radio station 97.7 and the year was 1966 from age 20 to age 24. Joan states, "My favorite song to sing is: One Day At A Time Sweet Jesus. Joan tells me she can't sing anymore her voice is just too hoarse and she doesn't sound like she used to. She tells us she will always cherish the memory of singing live on the airway for 97.7

RECIPE OF THE MONTH: FOR MOTHER'S DAY RECIPE.

Take a Bite for a Delightful Surprise with These Apple Pie Cupcakes!

INGREDIENTS

1. 1 box of white cake mix plus ingredients.
2. 1 can of apple pie filling: (22ounce can)
3. 1 teaspoon of cinnamon
4. whipped cream or ice cream (optional)

DIRECTIONS

- Preheat oven to 350 degrees and line cupcake pan with liners.
- Make cupcake batter according to directions on box. Stir in cinnamon.
- Chop apple pie filling into bite sized pieces.
- Add 3 tablespoons of cake batter to each cupcake liner.
- Place 1 slightly heaped teaspoon of pie filling on top of the batter.
- Bake 18-20 minutes.
- Top with ice cream or whipped cream

By Any Other Name

May 5 is Hoagie Day, but this may mean nothing to anyone outside of Philadelphia, where this term is used for a big sandwich loaded with meat and cheese. Legend has it that the first version of this mega-sandwich appeared in Connecticut near a Navy submarine base. Italian shopkeeper Benedetto Capaldo served up loaded sandwiches he dubbed "grinders." Once the Navy yard began ordering 500 grinders each day, his creation was renamed the "submarine sandwich." In New York City, the sandwich is called a "hero," which many believe evolved out of a mispronunciation of the Greek "gyro" sandwich. Where did hoagie come from? Another mispronunciation. Shop owner Al De Palma created a massive sandwich fit for a "hog." The Philadelphia accent warped his "hoggie" into the "hoagie."



Cloverleaf's Customer Service Super Star for the Month of May goes to Sam Conner. Sam Conner is a CNA who has worked at Cloverleaf for 6 years. It is often said that working with the elderly "requires the patience of a saint." When in reality it requires compassion, humanity, kindness and the patience of a saint. Well, Cloverleaf, has a CNA whom residents, staff and family believe fits that description and they all equally agree that Sam Conner should be nominated for her outstanding work and dedication to a resident who has a rare disease known as Lou Gehrig's Disease. Since the progression of this disease the resident has lost all of her vision and has completely lost her ability to verbalize with words. After being diagnosed with Lou Gehrig's disease, the resident decided to take a crash course in sign language because she knew there would be a time in the future where she wouldn't be able to verbalize her needs. When it came time for staff to learn the basics of sign language; it was Sam Conner who first grabbed onto the use of sign language and rose to the top of the class with her newly taught skill. Currently, our resident is no longer able to use sign language to communicate even the simplest of things which rest of us take for granted. The disease has progressed to the point that the muscles in her hands are so weak that she unable to use sign language anymore to let her needs be known. It is here where the real relationship begins for these two. Their relationship goes way beyond the use of sign language and verbal communication. Their relationship is built purely on trust, admiration, respect and love for each other

Mental Health Day May 8th



Cloverleaf would like to thank Dr. Forster, our psychologist for all that he does for our residents!

Third Shift Workers Day

May 10th is National Appreciation Day for Third shift workers.

Here at Cloverleaf we would like to recognize our **Third Shift Crew!** Hey guys and gals you are being recognized for all that you do to keep things running smoothly here overnite while families are sleeping comfortably in their beds. *Thank You For All That You Do To Keep Us Running Smoothly Throughout The Nite!*



EMPLOYEE OF THE MONTH



Khristyna Rigney has been a CNA here since October 2016. Khristyna's co-workers had this to say when talking about her being employee of the month. She is very patient with the residents, with a very kind heart. She is very quick to respond to the needs of all the residents; not just the ones on her wall but whenever she sees someone in need she stops to offer them some assistance no matter what it is. Thank you Khristyna for all that you do!

May Birthdays

In astrology, those born between May 1–20 are Bulls of Taurus. Bulls are stable, reliable, and committed in both work and family. Bulls also appreciate love, beauty, and creativity, making them true romantics and lovers of the good life. Those born between May 21–31 are Gemini's Twins. Twins have two distinct and alluring sides to their personality: sociable and ready for fun, or serious and thoughtful. Sometimes they feel as if one half is missing, so they forever seek new friends.

PJ Brock May 4th
Sydney Edwards May 4th
Joy Wood May 15th
Mariah Hill May 10th
Ashley Frye May 19th
Misty Frye May 19th
Sandy Jones May 25th

Cola Cure-All



People have been drinking Coca-Cola since May 8, 1888, when the soft drink was first served by Dr. John S. Pemberton at Jacob's Pharmacy in Atlanta, Georgia. Yes, Coca-Cola was first marketed as a medicinal cure-all beverage for ailments such as headaches, nerve disorders, addictions, and indigestion. By 1900, sales of Coca-Cola had reached 100 million annually. Perhaps this surge in popularity had to do with Coca-Cola's brilliant marketing strategy of issuing tickets that could be redeemed at any location for a free glass—these tickets are considered the first coupons ever invented. Today Coca-Cola is as popular as ever. And it is still marketed as a medicinal cure for stomach blockages. Apparently, Coca-Cola's chemical ingredients can cure a condition called gastric phytobezoar with a 90% success rate.