

October 2015



# Cloverleaf Connection

Cloverleaf Healthcare (812)446-2309  
9325 N. Crawford St, Knightsville IN 47857

## Celebrating October

### Bean Dinner

Families, friends, staff, and residents are invited

**Entertainment by Valley Boys Band**

*Thursday, October 22*

*Starts at 5:30pm*

*Please RSVP to Phyllis at 812-446-2309*

### Walmart Trip

*October 13 at 9:30am*

### Humane Society Trip

*October 20 at 1:00pm*

### Top Notch for Breakfast

*October 23 at 9:00am*

### Pumpkin Contest

*October 27 at 10:30am*

### Costume Contest

*October 30 at 10:30am*

### Halloween Party

*October 30 at 2:00pm*

### Halloween

*October 31*

## Spotlight on Therapy!



**Jolene Daily**

Jolene is a Speech Language Pathologist at Cloverleaf Healthcare. She has worked at this facility in the therapy department for three years. She has been married since 2007 to her husband, Rob and they have a three year old son named Cameron.

She obtained her Master of Science degree in Speech Language Pathology from Indiana State University and her Certificate of Clinical Competence from the American Speech-Language-Hearing Association (ASHA) in 2010. Since graduating, she has worked in the long term care setting and enjoys this environment. She has experience treating residents with impairments in speech, language, voice, cognition, and swallowing.

In June 2015 she was certified to provide VitalStim neuromuscular electrical stimulation (NMES) therapy to improve swallowing impairments by strengthening musculature and restoring function. She has treated some patients at the facility and has improved their swallowing/chewing ability allowing the residents to eat a more regular diet.

## The Lady with the Lamp

On October 21, 1854, Florence Nightingale and her staff of trained female volunteer nurses set out for Crimea near Ukraine's Black Sea. Reports had reached Britain of injured soldiers still fighting in the Crimean War. When Nightingale arrived, she discovered medicine was scant, infections were rampant, and food was in short supply. And the hospital itself was overcrowded, poorly ventilated, and backed up with sewage. So Nightingale pleaded for government help in an article written to Britain's leading newspaper, *The Times*.



The response was overwhelming. The government would build a new hospital in Britain that could be transported to and reconstructed in Crimea. And, six months after Nightingale's arrival, the British Sanitary Commission ventured to Crimea to fix the hospital's most pressing problems. Surgeon and biographer Stephen Paget believes Nightingale's actions were responsible for reducing the hospital death rate from 42% to 2%.

Florence Nightingale's persuasive tactics to improve hospital hygiene—with the government's help—are only part of her legacy. During the Crimean War she earned the nickname "The Lady with the Lamp." Nightly, after the medical officers had left for the night, Nightingale would visit all the wounded soldiers, one by one, with a lamp in her hands. This type of round-the-clock care, coupled with her insistence on sanitation, helped revolutionize modern nursing. She returned to Britain a heroine and promptly organized the Nightingale Fund to pay for the improvement of Britain's hospitals and the Nightingale Training School to become the first professional school for nurses. That legacy has endured through the ages. Indeed, the Florence Nightingale Museum in Britain hails her as the most influential woman to have lived in Victorian Britain, Queen Victoria excepted.

## Words of Wisdom

*Holy cow*, October 13 is Silly Sayings Day. While this saying's origins are a little obscure, many believe it was an expression used by baseball players in the early 1900s to tamely express disgust while avoiding the ire of umpires. It most likely references the cows held sacred by Hindus.

Perhaps silly sayings and baseball have a special link, for one of the silliest sayers of all was former New York Yankee Yogi Berra. He said of his sport, "Baseball is 90% mental and the other half is physical." When giving directions to his home, he once explained, "When you come to a fork in the road, take it." When he saw Mickey Mantle and Roger Maris repeat their feat of hitting back-to-back home runs, he exclaimed, "It's déjà vu all over again." While not his silliest, Berra's most famous saying of all remains "It ain't over 'til it's over."

When it comes to silly sayings, Mark Twain may offer the best advice: "It is better to keep your mouth closed and let people think you are a fool than to open it and remove all doubt."

## Ship Shape

It was a pastime practiced by sailors bored of looking at the endless seas day after day after day: building a model ship and putting it inside a bottle. At first, this seems a magical feat. How did that tall ship fit inside the bottle? In reality, the process is rather simple. The ship's masts fold flat across the deck of the miniature ship. Once the ship is fit through the bottle's neck, tiny threads are used to raise the masts and sails. Of course, this "simple" trick requires expert craftsmanship. Miniature model ships can be very elaborate and cost thousands of dollars, with every last detail finished to perfection. On October 4, Ship in a Bottle Day, you can attempt this old seaman's trick yourself. Better yet, you could fashion three ships—the *Niña*, *Pinta*, and *Santa Maria*—just in time for Columbus Day on October 12.



## Bridgeton!

On September 30, residents took a trip to Bridgeton. They enjoyed ice cream at the general store, walking through the covered bridge, looking at scenery, and reminiscing about days gone by!



## K Day Parade

Residents participated in the K day parade. They enjoyed the ride on the bus and seeing the children waiting on the candy!



## Announcements

**Bean Dinner**- October 22, 5:30pm. Please RSVP to Phyllis at 812-446-2309. Music provided by The Valley Boys Band.

**Flu Shots**-Staff will be making calls to family/POAs to obtain approval to give residents flu shots soon. Enclosed you will find 2015/16 info sheet for the flu vax.

**Halloween candy**- The residents will enjoy children coming to the facility to “trick or treat” on October 29 from 6-8pm. If you would like your loved one/resident to participate in handing out candy, please bring in candy by October 27. All children are invited!

## Working for Peanuts

On October 2, 1950, cartoonist Charles Schultz debuted his *Peanuts* comic strip. Schultz actually hated the name *Peanuts*. He had originally named it *L'il Folks*, but his publishers feared that this title was too close to an earlier strip called *Little Folks*. Schultz then decided to call it *Good Old Charlie Brown*, after its lead character, but once again his publishers intervened. Without even seeing the strip, they named it *Peanuts*, which was a common term for children in the 1950s—thanks to *The Howdy Doody Show's* “Peanut Gallery.” The name stuck, and Charlie Brown, Snoopy, Lucy, Linus, Sally, and the whole Peanuts gang have become international stars, appearing in 2,600 newspapers all around the world.



**Employee of the Month  
Robin Harris**



Robin has worked as a cook in our dietary department since June. As a new employee she shows great initiative and takes pride in the kitchen appearance. She does extra cleaning duties without being assigned. She volunteers to come in when there is a need and comes in early for her shift to see if she can help in any other way. She volunteers to help out on any shift and does it with a smile! The residents comment on her cheerfulness and willingness to accommodate anything they ask for. Thank you Robin for joining our team!

**Customer Service Superstar  
Brandy Head**



Brandy works in Medical Records/supplies. She has worked at Cloverleaf since September, 2001! Brandy is truly a valued and loved employee. She works extremely hard to make sure staff and residents have the supplies they need. She will jump in and help any staff member when they need it, from assisting as a CNA on the floor to helping with scheduling. She voluntarily took over the schedule recently when another staff member was on vacation. She did an amazing job completing the schedule and making sure that all shifts were covered with adequate staff to care for our residents. When she is unable to find someone to work a shift that is open, Brandy steps up and does it herself! Besides being a great employee, she is a friend to staff and residents. She has a smile on her face at all times and takes the extra time to put a smile on a resident's face! Thank you Brandy for all you do!

**October Birthdays**

In astrology, those born between October 1st and 22nd balance the scales of Libra. Libras seek harmony and value fairness and justice. Although they'd rather avoid conflict, they are excellent team players—tactful and polite at soothing those embroiled in an argument. If you're born between October 23rd and 31st, you are Scorpio. Scorpions are powerful investigators who stay abreast of all the comings and goings of their peers, take control, and lead the way to success. Celebrities born in October include:

- Groucho Marx (comedian) – Oct. 2, 1890
- Margaret Thatcher (PM) – Oct. 13, 1925
- Marie Osmond (entertainer) – Oct. 13, 1959
- Roger Moore (actor) – Oct. 14, 1927
- Evel Knievel (daredevil) – Oct. 17, 1938
- Jennifer Holliday (performer) – Oct. 19, 1960
- Dr. Joyce Brothers (doctor) – Oct. 20, 1927
- Mickey Mantle (ballplayer) – Oct. 20, 1931
- Annette Funicello (performer) – Oct. 22, 1942
- Jonas Salk (scientist) – Oct. 28, 1914

**October Staff Birthdays**

- |                  |            |
|------------------|------------|
| Lori Morris      | October 3  |
| Ronda Rigney     | October 5  |
| Sheri Tetidrick  | October 9  |
| Maranda McKinney | October 10 |
| Lori King        | October 11 |
| Jonathon Rigney  | October 12 |
| Opal Zellars     | October 31 |

**We wish them all a very Happy Birthday!**

**ATTENTION  
STAFF!**

Every staff member that receives a flu shot will be entered in a drawing for \$100!! Get your sleeves up!