

MAY 2018

Cloverleaf Healthcare

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Celebrating May

Margaritas and Daiquiris

May 4

Fit Bit Giveaway at YMCA

May 7

Residents Trip to Van Buren Elementary Field Day

May 11

Mothers Day Luncheon

@11am

May 12

Nursing Home Week

May 14-18

EMS Week/Police Dept. Week

May 20

Hair Stylists Appreciation Day

May 30

Memorial Day (U.S.)

May 28

Nursing Home Week!!!

The week we've all been anticipating.
We encourage all family to come out and help
celebrate during our festivities.

• Saturday May 12th

1. Kick off National Nursing Home Week!
2. @ 11:00 am Balloon Launch
3. Mother's Day Luncheon Immediately Following balloon launch

• Monday May 14th

1. Celebrating the year 1940
2. Residents will receive Birth Certificates
3. Cost of Living Staff Game Starts @ 10am
4. Cost of living residents game starts @ 10:30am
5. Ham and Beans cooked outside.
6. @ 2pm Central Indiana Folk Music
7. Capture the Flag Staff Game @ 2:15pm

• Tuesday May 15th

1. Celebrating the year 1950
2. Residents will receive Driver's License's
3. Who is that staff member picture game played all day winner announced @ 2pm
4. Heads up seven up game @ 2:15pm
5. Cheeseburgers and French Fries
6. Car Show @2pm

• Wednesday May 16th

1. Celebrating the year 1960
2. Residents will Celebrate High School Graduation
3. Jackpot Bowling game staff @10am
4. Jackpot Bowling game residents @ 1030am
5. Mexican Lunch
6. 2pm Hippie Party for residents
7. Jackpot Bowling for staff @2:15pm

• Thursday May 17th

1. Celebrating the year 1970
2. Residents will celebrate Wedding Memories
3. Cake, Punch, Pictures
4. Surprise Game @10am
5. Hog Roast @5pm
6. 6pm-7pm Elvis will be here

• Friday May 18th

1. Celebrating Year 1980
2. Residents will celebrate the joys of retirement
3. Name that TV sitcom Staff game @10am
4. Pizza Salad Dessert
5. Disco Bingo for Residents/ Cocktails @ 2pm

Employee of the Month

The Employee of the Month goes to Candi Cusick. Candi is always laughing and smiling. She does an amazing job helping the residents feel at home. Candi has a way of making you laugh or at least crack a smile, even on your gloomy days. Candi always helps when and where needed. Candi started out as a CNA here at Cloverleaf. Her love and passion for her residents drew her attention to go through nursing school. Candi is now a Registered Nurse and is happy to be assisting her residents further with her knowledge. Our residents enjoy the service and laughter Candi bring to their day. Some of our residents made Candi's new baby boy a blanket to remember them by. Thank you Candi for your dedication to our facility for being so exceptional with our residents. The residents personally want to thank you loving them and for making them feel like family.



Dreaming of a White Christmas

Bing Crosby had no idea that on May 29, 1942, his recording of Irving Berlin's "White Christmas" would become the world's most popular song. The recording took Crosby just 18 minutes, as part of an album for the movie musical *Holiday Inn*, and neither he nor Berlin thought the song was a hit. However, it went on to win the Academy Award for Best Original Song, and it hit number one on the pop charts in October of 1942, two months before Christmas. Irving Berlin, as a Jewish-American, did not celebrate Christmas, but he sure knew how to write a hit song, even one without any mention of magical characters or religion. The song's slow and melancholy longing for the cozy holidays of yesteryear was what audiences craved. What really propelled the song to superstardom was its inclusion on Armed Forces Radio. GIs fighting overseas during World War II loved the song, and Crosby performed it regularly for them. Audiences still love "White Christmas." With over 100 million copies sold worldwide, it remains the best-selling song of all time.

Everything Old Is New Again



Mending clothes is a lost art. Rather than patch holes or sew popped seams, Americans prefer to buy entirely new garments. The average American throws out 81 pounds of clothes each year, leading to 13 million tons of textiles sitting in our landfills. I Need a Patch for That Day, on May 21, is a day to reverse this trend. Recycled clothing is suddenly trendy. Outdoor clothing manufacturer *Patagonia* has been a leader in the sustainable clothing movement, making fleece out of plastic bottles and asking customers to buy fewer of their clothes. When garments get worn, they provide mending services in their repair shop, even reselling used clothing via their website. The Seattle company *Evrnu* has taken recycled clothing a step further. They take old garments, break down the fibers to the molecular level, and spin brand new fibers to make new clothes. Who needs a patch with technology like this?



Customer Service Superstar!

Tisha Silotto has been Nominated several times recently. She is a hard worker, very particulate, and always communicating. Tisha is friendly with our visitors and asks them if they have been helped or if there is anything she could possibly help them with. Tisha is what is known as a team player around here. She does an exceptional job with answering call lights, toileting, helping staff and residents even when it's not her "assigned" hall. She did a very good job training a new orientee, she was very helpful for her. Tisha is an excellent example of what a CNA should be. She goes above and beyond to make sure residents are well taken care of while going that extra mile to make them each feel special individually. When and where Tisha can she will. She helps the other CNAs when and where she's needed without being asked. Thank you for your dedicated, hard, appreciated work.

Any Way the Wind Blows

The Netherlands is famous for its windmills, which are celebrated on May 12, Windmill Day. As part of Europe's "Low Countries" (so named because of their location below sea level), the Netherlands was prone to flooding. Dutch windmills were created to drain the water from the land. At one point, 10,000 windmills were in operation across the country. Today, windmills in the form of massive wind turbines are making a comeback as generators of electricity.

Wind turbines are often grouped in "wind farms," or arrays of windmills strategically placed in windy areas such as hilltops, open plains, or even offshore. As the wind turns the blades, a rotor spins a generator, which creates electricity. The major advantage of this type of electricity is that there is no dangerous waste created as a byproduct. The main disadvantage, of course, is that these windmills create energy only when the wind blows. However, advancements in technology are creating batteries that can store power for later use. Windmills, it seems, are not merely for tourists anymore but will become part of the power grids of the future.

Janet's Cooking Corner

Peachy Angel Food Cake

1 Box angel food cake mix
One can peaches (in-juice~~not syrup)
Whipped topping
Preheat oven as directed on box, prepare peaches by chopping in food processor to very small chunks. Combine angel food cake mix and peaches (fruit and juice) mix on low for one minute then on high for 5 more minutes. Fold into tube pan, bake according to box directions. Serve with whipped topping. Low calorie, can be eaten by diabetics and dieters.

Mother May I?



Sunday, May 13 is Mother's Day in the United States, Australia, and Canada. In Mexico, *Día de las Madres* is Thursday, May 10. In France, *La Fête des Mères* is Sunday, May 27. After Christmas and Easter, Mother's Day is the

third-most celebrated holiday in the world, but the way mothers are honored differs from place to place.

In the United States, the most typical gift given to mom is a Mother's Day card and flowers. It may come as no surprise that the vast majority of Mother's Day cards—80% in fact—are not bought by men but by women. A mother's job is never done, it seems, not even on Mother's Day.

Mother's Day wasn't always celebrated by buying cards, flowers, chocolates, and jewelry. It was Anna Jarvis who fought to establish the national holiday. Jarvis was inspired largely by her own mother, who had organized "Mother's Day work clubs," where women would tend to soldiers wounded during the Civil War and tackle problems that led to infant mortality. Indeed, Jarvis proposed Mother's Day as a day to honor women like her mother, who had played greater political roles for the benefit of society. She was disgusted when her holiday turned into a commercial bonanza for those hawking flowers and candy. Jarvis spent her life fighting what Mother's Day had become.

In most countries these days, Mother's Day is celebrated by showering gifts and attention on mom. In Mexico, it is tradition on *Día de las Madres* to serenade mom in the morning before church and then prepare dinner for her. France's *La Fête des Mères* originated as a way for the French government to honor the mothers of large families with a gold medal. It was a means to encourage French women to have more children and repopulate the country after World War I. By the 1950s, consumer appeal and a rising birth rate transformed the holiday into one more commercially aligned with the United States. And why not take one day out of the year to recognize their vital importance?

May Birthdays

In astrology, those born between May 1–20 are Taurus' Bulls. Bulls are hardworking, ambitious, honest, and dedicated to finishing tasks with a dogged persistence. Once the work is done, a Taurus expects to enjoy the fruits of their labor. Those born between May 21–31 are Gemini's Twins. They have two distinct and alluring sides to their personality: sociable and ready for fun, or serious and thoughtful. Sometimes they feel as if one half is missing, so they forever seek new friends.

PJ Brock May 4th
Joy Wood May 15th
Alexis Higginbotham May 5th
Sandy Jones May 25th
Cathy Smith May 24th
Misty Myers May 27th

Happy Birthday!!!!!!

A Long Time Ago...



"May the Fourth be with you." So say the millions of *Star Wars* fans who will celebrate Intergalactic *Star Wars* Day on May 4.

What has made *Star Wars* one of the most beloved and successful film franchises in history? When it was released on May 25, 1977, it blew audiences away. In the middle of an era when dark and brooding films were all the rage, this space adventure with cutting-edge special effects, wild aliens, strange other worlds, funny banter, and an amazing musical score was a breath of fresh air. *Star Wars* creator George Lucas had mined both high- and low-brow sources for his space opera, paying homage to the filmmakers he had studied during his film school years. What grew out of that first film is a media empire as far-reaching as the evil Empire itself.